



Summer Classes with Lauren

45 min classes—\$18.00 each class

Dates: June 5, June 12 & June 19
July 31st
August 7, August 14 & August 21

Flexibility

Enhance your flexibility and learn new and different stretches

Mondays 5:30 - 6:15

Jumps & Turns

Master your jumps and turns. Try some new combinations

Mondays 6:15 - 7:00

Lyrical

Class for all levels. Keep your skills up over summer break and learn new skills.

Mondays 7:00 - 7:45

Contemporary

Class for all levels. Learn the basics of contemporary and keep your skills over the summer break.

Mondays 7:45 - 8:30

